

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions and scriptures are designed to help you take the next step. If you are leading a group through this guide, don't feel like you have to answer every question. Pick out the questions that will stir up conversation and action among your group.

- What does honor mean to you?

With your Bible or YouVersion, read Mark 6:1-4.

When Jesus returned to his hometown to teach and perform miracles, the people treated Him with dishonor. Their dishonor was a result of their lack of faith.

- Who have you honored? Why have you honored this person?
- How have you seen honor build someone up?
- Describe a time when you were honored by someone else. How has receiving honor changed you?
- What is the difference between respect and honor? How have you seen this difference firsthand?

Read Exodus 20:12, Romans 13:7, 1 Timothy 5:17 and Romans 12:10.

According to these verses, we should honor our parents, those in authority, pastors and other church leaders.

- How have you shown honor to your parents? When has it been difficult to honor your parents?
- Why is important to honor people in authority even when we do not completely agree with them?
- How is God asking you to honor your pastors and church leaders?

Read Psalm 22:23.

This verse emphasizes the importance of honoring God.

- How do you honor God? How can you honor Him more?
- Who do you need to honor more in your thoughts, attitude, words and actions? How will you show honor to them this week?

NEXT STEPS

Try taking these next steps this week to give the virtue of honor a place of honor in your life:

Once you have identified someone who you need to honor more, take action! Do something specific to show honor to that person. Take time to express to them why you honor them. Feel free to be creative!

God should be the first and most important recipient of our honor. No matter how much we honor God, we can always honor Him more! This week, do something to show honor to God. This might include spending more time in prayer and in His Word, giving to someone in need, volunteering at our church, or telling someone about who God is and what He's done for you!

Talk It Over with God:

- Take time to honor God in prayer. Praise Him and tell Him how much He means to you.
- Pray for your parents or other family members. Ask God to bless them and to meet their needs.
- Pray for leaders and those in authority. Ask God to give them wisdom and discernment as they lead.
- Pray for your church leaders and pastors. Ask God to give them strength as they lead others to become fully devoted followers of Christ.
- Ask God to increase your desire and ability to show honor to others and build them up instead of tearing them down.

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- Describe someone you know who is a good example of the virtue of purity. What have you learned about purity from this person?

With your Bible or YouVersion, read 2 Corinthians 7:1.

In this verse, Paul encourages us to cleanse our bodies and minds of all impurity.

- What impurities do you continue to allow in your life? How can you be cleansed of those impurities?
- What safeguards do you have in place to help keep impurity out of your life?

Read Ephesians 1:3-14, John 3:29 and 1 Peter 1:13-25.

These verses show us who we truly are in Christ and remind us that we are called to live a life of purity and holiness.

- What does holiness mean to you? How have you experienced it in your life?
- How can you renew your mind? How can this help maintain purity in your life?
- How does your view of yourself compare to God's view of you? Is there anything about what God says about you that is hard for you to believe?

Read 1 Peter 3:1-6 and 1 Timothy 2:9-10.

These verses encourage us to strive to be pure on the inside and on the outside in the way we behave and in how we dress.

- Why is it important for both men and women to dress appropriately and behave in a way that brings honor to God?
- What behaviors do you need to change that are inviting impurity into your life or into the life of someone else?

NEXT STEPS

Here are some specific things you can do this week to help you fight for God's virtue of purity:

Take a few minutes to read the modesty survey at www.therebelution.com/modestysurvey. After reading the survey, reflect on what you learned and the changes you may need to make.

In today's world, we are bombarded with images and media that bring impurity in our lives. Take time to examine the things that are attempting to steal your purity. Consider putting safeguards in place to guard your purity. These changes may include altering or disconnecting your cable TV subscription, or installing a filter or accountability software on your computer. You might consider covenanteyes.com or safeeyes.com for your internet filtering and accountability needs.

Talk It Over with God:

- Confess the impurities in your life to God, asking Him to cleanse you and help rid your life of these impurities.
- Ask God for the courage and resolve you need to place safeguards in your life as you protect your mind against impurity.
- Commit to fight for the virtue of purity in your life. Ask God for His strength.
- Ask God to renew your mind and cleanse any impure thoughts.
- Commit to honor God in how you behave, in how you dress, and in all that you do.

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- What are some examples of disloyalty you have observed in today's world?

With your Bible or YouVersion, read Matthew 26:31-35 and 2 Samuel 15:19-21.

These passages show us that true loyalty has to be tested. Peter claimed he was loyal, but ultimately betrayed Jesus, while Ittai the Gittite displayed loyalty to King David.

- Why do you think loyalty has become such a forgotten virtue in today's world?
- True loyalty is proven, not proclaimed. How have you experienced that statement in your life?
- How does your loyalty toward others stack up to Ittai the Gittite's example? Where do you need improvement?

Read Malachi 2:15-16, Proverbs 17:17 and Acts 2:42-46.

We are told in these verses to be loyal to our spouses, friends and Christ's church.

- Why is it important that we demonstrate loyalty in our most intimate relationships such as our spouses, children and immediate family?
- How do you think "friending" someone with a click online has changed our value of loyalty in friendships?
- Who would you say are your most loyal friends? How has their loyal friendship benefitted your life?
- How would you describe your loyalty to Christ's church? What are some specific ways that you can improve your loyalty?

Read James 4:8-9.

This passage shows us that disloyalty is born out of a divided heart.

- How divided is your heart? Share some things you have chosen over God.
- How has God's constant loyalty to you impacted your faith and life?

NEXT STEPS

Try these specific things this week to help you develop stronger loyalty in your life and keep it from being a forgotten virtue:

One of the best examples of loyalty can be found in the Old Testament with the story of Jonathan and his loyalty to David. Take some time to read about Jonathan's loyalty in 1 Samuel 19 and 20. You can also watch a video produced for our students that demonstrates Jonathan's loyalty in a relevant and unique way at this link: <http://www.youtube.com/switchyouth#p/u/1/1GrCzjssyDs>.

Don't let loyalty become a forgotten virtue for the next generation. Take some time this week to discuss the importance of loyalty with someone younger than you such as a child or a student. Share with them examples from your own life and from the Bible such as Jonathan or Ittai the Gittite.

Talk It Over with God:

- Commit to God in prayer that you will strive to strengthen your loyalty to Him. Praise Him and tell God what He means to you.
- Thank God in prayer for His loyalty to you and always being there for you in the good and in the bad times.
- Confess those things to God in prayer that you have chosen over Him. Commit to placing your focus only on God.
- Ask God to help you as you focus on being more loyal in all of your most important relationships.
- Seek God's guidance in prayer on where He is leading you to serve His church. Commit to stepping up to serve in these areas.

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- How would you describe or define integrity?

With your Bible or YouVersion, read Psalm 15:1-5.

Psalm 15 paints a picture of what a life of integrity looks like.

- Integrity can be defined as your behavior matching your beliefs. Describe a specific time when your behavior matched your beliefs.
- How have you experienced the benefits of integrity? Share some examples.
- How have others benefitted from your integrity?

Read Matthew 23:23-32.

The opposite of integrity is hypocrisy. In this passage we see Jesus strongly chastise the Pharisees for their hypocrisy.

- Why is it important to avoid being a hypocrite?
- How have you observed hypocrisy in others? How did that impact you?
- What are some consequences of hypocrisy?

Read Job 27:5-6 and Matthew 5:37.

These verses encourage us to maintain our integrity.

- Describe a time when you did not act with integrity. How would you act differently today?
- How much is your integrity worth to you?
- What can you do on a daily basis to develop the forgotten virtue of integrity?

NEXT STEPS

Here are some specific things you can do this week to help you maintain integrity in your life and keep it from being a forgotten virtue:

Dig deeper into God's Word this week to learn more about what the Bible says about integrity. Here are some suggested verses and passages for you to read on this forgotten virtue: 1 Chronicles 29:17, Nehemiah 7:2, Psalm 25:21, 1 Samuel 12:1-5, 1 Kings 9:4-10, Proverbs 10:9, 2 Corinthians 1:12.

Have you observed integrity in others? If so, take the time to let someone know how their integrity has impacted you. Talk with this person about how to better maintain integrity in your own life.

Talk It Over with God:

- Give thanks for the people God has placed in your life who demonstrate the virtue of integrity.
- Ask God to help you maintain a life of integrity. Seek His guidance and strength.
- Confess the areas where you struggle to have integrity. Ask for God's help in those areas.
- Pray for the people in your life who have demonstrated great integrity. Ask God to bless them.

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- What is one of the greatest gifts you have ever received from another person? Why was the gift so special? How did you show gratitude?

With your Bible or YouVersion, read Luke 17:11-19.

In this passage, we see what ingratitude looks like when only one of the ten men who Jesus healed returned to thank Him.

- What are some of the reasons we aren't as grateful as we should be?
- Are you more like the nine lepers who didn't show gratitude, or the one leper who returned and thanked Jesus? How can we become more like "the one" leper?
- What does gratitude toward God look like? How often do you show it?

Read Luke 15:11-32.

In this passage, Jesus shares the Parable of the Lost Son. In the story, the youngest son "wanted it now" while the oldest son thought he "deserved more."

- Which of these two ungrateful mindsets do you struggle with the most?
- How has ingratitude influenced your behavior and decisions?
- In what ways do you feel entitled?

Read Philippians 4:11-13, Ecclesiastes 6:9 and Proverbs 15:15-16.

These verses encourage us to be content in all areas of life.

- In what areas of your life are you experiencing the most discontentment? How can you become more content?
- What are some ways to cultivate gratitude in your daily life?
- Who do you need to express gratitude toward? How will you do that?

NEXT STEPS

Here are some specific things you can do this week to help you cultivate an attitude of gratitude in your life and keep it from being a forgotten virtue:

This week, take time to express your gratitude to someone. It may be something as simple as a phone call or email, or as elaborate as taking someone to lunch or giving a gift. Any gesture that expresses sincere gratitude is a great place to start!

Express your gratitude to God for all He has done in your life. You can show Him thanks by simply telling Him, by spending time with Him, or by serving Him and/or others in a special way.

Talk It Over with God:

- Confess the areas where you have felt a sense of entitlement.
- Ask God to help you cultivate an attitude of gratitude in all areas of your life.
- Thank God for all He has done in your life! Praise Him and give Him glory.
- Commit to show gratitude to God and others.