

Prayer—Focus on Prayer

How do we stay focused on our prayer?
What helps us to do that?

What we see with our eyes influences what we pray for - even what we don't see influences what we pray for.



Our focused prayer motivates us and energizes our faith!

Three men stuck in the island for years find a genie and have their wishes granted
1st Guy wishes to be in his favorite restaurant with his favorite meal - and it happens
2nd Guy wishes to be safe back and home with TV - and it happens
3rd Guy feels lonely and wishes his 2 mates back with him- and it happens and they all ended up back on the island

What we see or don't see motivates what we pray for.

Some moves to help us to a focused prayer life:

Athelia Sedgeman - 16 year old Victorian rifle shooter in commonwealth games team who won the gold medal this year

1. Set your target - that you are going to aim for

Starting points

- Others - family, work colleges, friends unsaved ones, ones going through struggles, sick or bad report from doctor

- Situations - famine, earthquakes, your work or job - company you work for, pending legal battle, ourselves things that you might need strength for, wisdom and discernment

1 Chronicles 4:10 Jabez cried out to God of Israel, 'Oh, that you would bless me and enlarge my territory! Let your hand be with me, keep me from harm so that I will be free from pain.'" And God granted his request.

We can pray for God to reveal the target.

John 5:19 the son can do nothing by himself - what ever the father does so does the son

2. Take aim - line up the target

We need to choose to take aim

Pray specifically - 100 word prayer that goes all around the target or a 10 word prayer that goes specifically to the target.

There is power in numbers, strength in unity

Matthew 18:19 where ever 2 or 3 come together in my name I am there and ask for anything it will be done

3. Pull the trigger

You have to speak the prayer

No good just to have good intentions

Things don't get done on good intentions

Unless you pull the trigger there is no use

As soon as you pull the trigger you are sending it off not just in power but in faith and believing that it will hit the target

We are putting our faith in an all power all mighty God

We are trusting our God for an answer - we are asking our Dad for help.