

And just in case you're wondering how you actually develop a relationship with God—it is very simple

Jesus said in John 14:6 I am the way and the truth and the life. No one comes to the Father except through me.

So we know—there is no other option. And God the Father says this

1 John 5:11 And this is the testimony: God has given us eternal life, and this life is in his Son

1 John 5:12 He who has the Son has life; he who does not have the Son of God does not have life.

God sent this one and only Son Jesus to pay the price for us to get back into relationship with him.

John 3:16 "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Once you have God in your corner and your life is secure with him.

8. Don't look back - leave it all on the track

Regret is a horrible to experience at the end of your life

"**I wish I had**" are words that haunt from us from past unwise decisions.

You don't do anything and every year it intensifies

Discipline - you put that on yourself

You are never too old

Champions don't carry any excess baggage, they throw everything off that hinders so that they can run real fast.

Jet airplanes don't have revision mirrors, they are not consumed by yesterdays failures, they live each day to the full sailing towards tomorrow. Once it has gone - it is in the pass - finished