

FAST - FASTING FROM & BELIEVING FOR?

Daniel fast 23rd jan - 12th feb

21 days - turns your focus towards God

What are you letting go of? & What are you believing for?

Public fast & private fast

Church wide - public fast

On your own in the private - private fast

Daniel fast - entry level fast - partial fast

Just taking away the comfort food, flavorsome

Daniel knew the king was trying to get to his heart through his stomach.

Daniel 10 - Daniel created a habit out of fasting and seeking God

Vs 1-3 he had a vision and didn't know what to do

You have got to get back to what is absolutely necessary

Vs 4-6 who is this? This is a messenger from God.

Every time an angel turns up - they are terrified

Vs 7-12 from the first day that Daniel spoke - his words were heard. They loses the gates of heaven and God heard him.

Fasting and pray is like the extra power that punches you through

Vs 13- there was a spiritual battle going on in the heavenlies - it took 3 weeks for the answer to get through.

God is trying to get the message to you - but the devil is trying to stop it getting through

Satan doesn't want us to hear directly from the father.

If we start to find out our part in Gods plan - the devil will start to resist us on all levels. He will throw everything he possibly can to stop us hearing what it is.

Jeremiah 29:11 I know the plans that I have for you

Eveying you pray to God in English - you hear, god hears also Satan hears.

Talking in Tongues - you don't know what it is but neither does the devil. It is dialogue that the devil cannot understand - so use it!!!!

So he can't get you - cause you don't know what the answer is either.

God wants to break through for you - but we need to break through to him first.

Don't let the devil tell you - this is a good as it gets!

When to fast:

Job

Where to live

Marriage - don't try and change our spouse - let God change you.

Fast for family

Fast for kids

Salvation for a loved one

Addictions - chocolate, alcohol, etc

Arranged marriages - 99% work

No arranged - 1 in 3 work - that is in and out of the church.

So Parents - pray and fast for it - let God do the arranging

Why am I fasting? What is the focus of my fast?

It is about decluttering our lives and gets us back to the basics

The thing that defines you is our relationship with Christ not the things.

Keys fasting focus:

Revival - for big things to happen in people's lives, Daily they came to faith - for than to happen at cclive

Healing - for the church people, For the fathers heart to be turned back to the children and the children back to the fathers

A fresh **release of Gods spirit** on my life.



